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| **Single Use Bad Guys** | **Plastic Free Alternatives** |
| Balloons | Reusable decorations |
| Bin Liners | Paper liners  Central rubbish points to reduce waste |
| Bubble Wrap | Cardboard packaging  Paper packaging |
| Carrier Bags | Reusable bags  Paper bags |
| Cleaning Products | Refill/reusable cleaning products  Glass bottled products |
| Clingfilm | Reusable kitchen wrap  Paper bags  Reusable lids |
| Condiment Sachets | Glass bottles  Refill condiment bottles, jars or bowls  Cardboard condiment containers |
| Disposable Drinks Cups | Refill cups only  Banning single use bottles/cups in workplace  Glass jugs of water and glasses |
| Labels | Paper labels with string |
| Other Kitchen/Catering | Bagasse compostable take away packaging  Foil and cardboard packaging  Glass bottles  Glass containers  Glass milk bottles  Loose coffee  Loose tea  Paper bags  Paper bags for takeaway  Refill |
| Packaging and Post | Cardboard packaging  Paper bags |
| Plastic Cutlery | Reusable cutlery |
| Plastic Drinks Bottles | Glass bottles  Refill bottles  Banning single use bottles in workplace |
| Plastic Straws | Paper straws  Metal straws  Silicon straws  Banning straws completely |
| Plastic Tape (Sellotape and parcel) | Paper tape |
| Staff Behaviour | Central rubbish points to reduce waste  Banning single use bottles in workplace  Banning single use bottles/cups in workplace  Glass jugs of water and glasses  Plastic free lunches  Plastic free loo roll  Podless coffee machine  Bamboo toothbrushes  Refill milk bottles |
| Stationery | Banning single use document wallets  Refill pens/pencils |
| Stirrers | Banning stirrers  Reusable stirrers |
| Take Away Coffee Cups | Reusable cups  Refill incentive – Discount offered |
| Take Away Food Packaging | Bagasse compostable take away packaging  Cardboard condiment containers  Drinks in cans  Drinks in glass bottles  Foil and cardboard take away packaging  Paper Bags |
| Toothbrushes | Bamboo toothbrushes |

To achieve the Plastic Free Champion Award a business needs to remove at least three single-use plastic items (eg. plastic bags, coffee cups and plastic drinks bottles) and show a commitment to tackling any others present in the business going forwards. Once this is in place, businesses get a Plastic Free Champion plaque and certificate to highlight their great work and tell customers and the wider community.