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| **Single Use Bad Guys** | **Plastic Free Alternatives** |
| Balloons | Reusable decorations |
| Bin Liners | Paper linersCentral rubbish points to reduce waste |
| Bubble Wrap | Cardboard packagingPaper packaging |
| Carrier Bags | Reusable bagsPaper bags |
| Cleaning Products | Refill/reusable cleaning productsGlass bottled products |
| Clingfilm | Reusable kitchen wrapPaper bagsReusable lids |
| Condiment Sachets | Glass bottlesRefill condiment bottles, jars or bowlsCardboard condiment containers |
| Disposable Drinks Cups | Refill cups onlyBanning single use bottles/cups in workplaceGlass jugs of water and glasses |
| Labels | Paper labels with string |
| Other Kitchen/Catering | Bagasse compostable take away packagingFoil and cardboard packagingGlass bottlesGlass containersGlass milk bottlesLoose coffeeLoose teaPaper bagsPaper bags for takeawayRefill  |
| Packaging and Post | Cardboard packagingPaper bags |
| Plastic Cutlery | Reusable cutlery |
| Plastic Drinks Bottles | Glass bottlesRefill bottlesBanning single use bottles in workplace |
| Plastic Straws | Paper strawsMetal strawsSilicon strawsBanning straws completely |
| Plastic Tape (Sellotape and parcel) | Paper tape |
| Staff Behaviour | Central rubbish points to reduce wasteBanning single use bottles in workplaceBanning single use bottles/cups in workplaceGlass jugs of water and glassesPlastic free lunchesPlastic free loo rollPodless coffee machineBamboo toothbrushesRefill milk bottles |
| Stationery | Banning single use document walletsRefill pens/pencils |
| Stirrers | Banning stirrersReusable stirrers |
| Take Away Coffee Cups | Reusable cupsRefill incentive – Discount offered |
| Take Away Food Packaging | Bagasse compostable take away packagingCardboard condiment containersDrinks in cansDrinks in glass bottlesFoil and cardboard take away packagingPaper Bags |
| Toothbrushes | Bamboo toothbrushes |

To achieve the Plastic Free Champion Award a business needs to remove at least three single-use plastic items (eg. plastic bags, coffee cups and plastic drinks bottles) and show a commitment to tackling any others present in the business going forwards. Once this is in place, businesses get a Plastic Free Champion plaque and certificate to highlight their great work and tell customers and the wider community.